



# WONDER

choose  
KIND  
BINGO!



How many acts of kindness can you carry out? Hopefully you do some of these already!

☆	☆	☆	☆
Tidy your room without being asked.	Give someone a compliment.	Draw someone a picture that will make them smile.	Set the table or clear away the plates.
Smile at anyone you see!	Help with chores around the house.	Give someone a ring / videocall to say hi.	Leave a kind note for someone to find.
Do the washing up or load/unload the dishwasher.	Say please and thank you.	Share!	Write someone a card or a letter and post it.
Make someone a hand-made gift.	Tell someone you love them.	Make someone a drink.	When given the choice between being right or being kind, choose kind.